

TIME OUT FOR PARENTS



CHILDREN WITH ADDITIONAL NEEDS

Sessions for anyone parenting children with additional needs aged 3 to 11

Date:
Wednesdays
3rd June- 8th July
7.30pm-9.30pm

This course will run online via Zoom

Book your place online at
<https://hopeforfamilies.org.uk/events>



For information contact
Hope for Families
07784 333825
or email

hello@hopeforfamilies.org.uk
Booking closes 27th May 2026

Common-sense, jargon-free information and ideas to help you to engage with your children and boost your relationship



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CHILDREN WITH ADDITIONAL NEEDS

Time Out for Parents courses from Care for the Family provide common-sense, jargon-free information and ideas to help you to engage with your children and boost your relationship.

If you have children with additional needs aged 3 to 11, then *Time Out for Parents – Children with Additional Needs* is for you. Over 6 sessions you'll increase your skills and confidence as a parent and discover practical tools to make your relationship with your child even better.

The sessions

- Session 1** The additional needs experience
- Session 2** Raising emotionally healthy children
- Session 3** Understanding feelings
- Session 4** Boundaries and battles
- Session 5** A behaviour toolkit
- Session 6** The wider circle of care



Care for the Family, Tovey House, Cleppa Park, Newport, NP10 8BA.
Tel: 029 2081 0800. cff.org.uk

Care for the Family is a Christian initiative to strengthen family life, offering support to families. A registered charity (England and Wales: 1066905; Scotland: SC038497).

